

STICKS

How far can you jump? Players will find out in Asphalt Green's Recess Enhancement Program game Sticks.

STICKS

Who: Grades K-8

Players: 20+

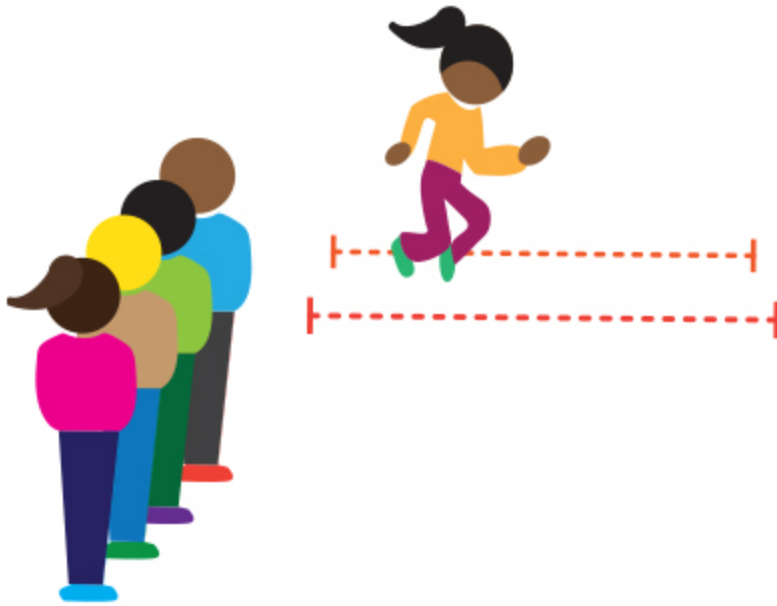
Time: 15+ minutes

Where: Auditorium, cafeteria, gymnasium, hallway, playground

Equipment: Cones or tape

HOW TO PLAY

- Instruct players to form two lines and stand six feet away from one another.
- Place two sticks or rows of cones on the ground.
- Players must land on the other side without putting their foot down between the sticks.
- After each jump, players go to the end of the line keeping your distance from the person standing in front of you.
- The gap between the two sticks gets wider each round.



CHECK FOR UNDERSTANDING

- What happens to the sticks after each round?
- Where do you go after you jump?

GAME TIP

- For wider gaps, allow players to take a step or put their foot down between the jump ropes.

CONFLICT RESOLUTION TIP

- Players can keep playing if they cannot make the jump between the jump ropes.

INDOOR TIP

- Have more than one game going to decrease waiting time.

PLAY: REP IT OUT

EASY: Keep the gap small.

MEDIUM: Make three rows of cones.

HARD: Make more than three rows of cones.