

Mummify an Apple

What you need:

1 apple
1 popsicle stick
1 cup baking soda
½ cup of table salt
Large zip-close plastic bag

SAFETY: Do not eat the apple or the mummification ingredients.

This recipe makes enough to mummify one apple.

Step One:

Carve a face into your apple with a popsicle stick. Then attach the popsicle stick to the apple so it becomes a handle (like a candy apple).

Step Two:

Mix the salt and baking soda in your plastic bag.

Step three:

Place the apple in the solution, making sure it is fully covered. Leave the apple in the bag.

Step Four:

Leave the bag upright and open so that moisture can escape.

Step Five:

Periodically check on your apple. What changes do you see to your apple? At what point does it start to look like a "mummy"? If you would like, you can use the chart below to record the changes.

	Width	Height	Weight
Day 1			
Day 5			
Day 9			
Day 14			
Difference from day 1 to day 14			